

# The Ardhowen A

## Autumn/Winter Workshops 2022



Book Online [www.ardhowen.com](http://www.ardhowen.com)

Box Office 028 6632 5440

 ardhowentheatre



Fermanagh & Omagh  
District Council  
Comhairle Ceantair  
Fhear Manach agus na hÓmaí



# Children & Young People Workshops

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## Superhero Saturday

Date Saturday 24 September  
Time/Ages 4pm  
5 – 10 yrs  
Price £10  
Duration 60 mins

Design and make your own superhero wooden puppet with local arts facilitator Julie Armstrong

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## Halloween Flying Witches & Wizards

Date Saturday 22 October  
Time/Ages 2.30pm: 4 – 6 yrs  
5pm: 7 – 9 yrs  
Price £10  
Duration 60 mins



Join us for some Halloween spooky fun as we brew and create magical arts and crafts with local arts facilitator Genevieve Murphy



## Spooky Spiders

Date Saturday 29 October  
Time/Ages 2pm: 4 – 7 yrs  
3.30pm: 8 – 12 yrs  
Price £10  
Duration 60 mins

Join us for some Halloween creepy crawlies fun as we create magical arts and crafts with local arts facilitator Julie Armstrong

## Christmas Card Making

Date Saturday 26 November  
Time/Ages 2.30pm: 5 – 8yrs  
Price £10  
Duration 60 mins

Glitter & sparkle time – Christmas is just around the corner – make your own cards and decorate with plenty of bling with local arts facilitator Genevieve Murphy



## Christmas Decorations

Date Saturday 3 December  
Time/Ages 2.30pm: 5 – 8yrs  
Price £10  
Duration 60 mins

Glitter & sparkle time – Christmas is just around the corner – make your own decorations with local arts facilitator Genevieve Murphy

## Christmas Treasure Boxes

Date Saturday 10 December  
Time/Ages 2.30pm: 7 – 10yrs  
Price £10  
Duration 60 mins

Glitter & sparkle time – Christmas is just around the corner – make your own Christmas treasure boxes and decorate with plenty of magical bling with local arts facilitator Genevieve Murphy



# Adult Workshops

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## a Cappella Singing

Date	Wednesdays 21 September - 26 October
Time	7pm
Price	£60 for 6 Weeks
Duration	90 mins per week

Join Valerie Whitworth for some a Cappella workshops and learn songs in three-part harmony or more from all around the world

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## Yoga

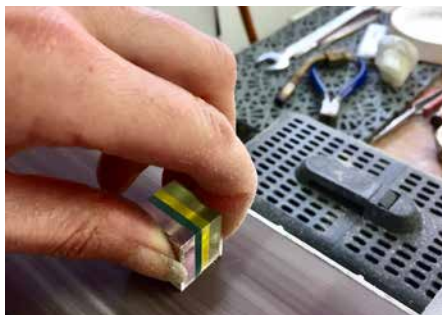
Date	Tuesdays 27 September - 1 November
Time	10am
Price	£45 for 6 Weeks
Duration	60 mins per week



Tutor Cathy McManus will take you through a mix of ashtanga & hatha yoga to help tune the body by improving focus, co-ordination, and balance. These sessions are suitable for beginners. Please wear comfortable clothing and bring a mat and blanket.

## Jewellery Redefined: Creating non-precious wearables using found & recycled materials

Date	Saturday 5 & Saturday 12 November
Time	10am - 4pm
Price	£70 for 2 Days



Under the guidance of artist and jeweller, Fiona Mulholland, participants will be inspired to create their own wearables from a variety of found and recycled materials including paper and plastic. This hands-on, experimental workshop will focus on exploring the idea of Jewellery as an object of 'value' and what this might mean in the 21st Century. The course will include simple demonstrations in jewellery-making processes using a basic tool kit. All materials supplied.

## A Sense of Place: Printmaking & Collage Workshops

Date	Fridays 14 October - 2 December
Time	11am
Price	FREE
Duration	2 hrs per week

Arts Care and the Public Health Agency are delighted to host an event as part of the 12th year of 'Here & Now' The Older People's Arts, Health and Well-being Festival. This Annual Arts Festival offers a unique opportunity for people over the age of 60 to participate in a series of arts activities led by our team of expert Arts & Health Artists.

**Here & Now Older People's  
Health & Well-being Arts Festival 2022/23**

**Living Well - More Tales to Tell**

Here & Now The Art of Ageing Well

Arts Care [whatartcare.co.uk](http://whatartcare.co.uk)  
[artscare.co.uk](http://artscare.co.uk)

HSC Public Health Agency  
Project supported by the PHA

PRINCIPAL FUNDERS  
arts council  
LOTTERY FUNDED





## Set Dancing

Date	Tuesdays 20 September - 8 October
Time	7pm
Price	£40 for 8 Weeks
Duration	2 hrs

Join Brenda Murphy for set dancing classes weekly suitable for beginners / intermediate / advanced – these classes will help you learn the art of set dance.

## Creative Writing with Bernie McGill

Date	8 October
Time	10am
Price	£20
Duration	2 hr

Learn how to write from the heart with Bernie McGill – a class for the emerging writer.



## Book Club with Bernie McGill

Date	8 October
Time	2pm
Price	£10
Duration	60 mins

Buy a copy Bernie McGill's new collection of stories 'This Train Is For' then read it and join the special book club with the author.



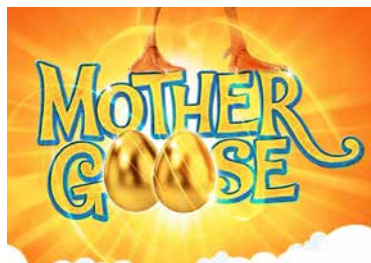
## Ardhowen Café & Bar



Monday - Saturday  
10am -4pm

# Highlights For Spring 2023

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**Lakeland Players: Mother Goose**  
Thursday 12 - Saturday 21 January

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**Neil Delamere**  
Friday 3 February

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**Philomena Begley**  
Friday 22 February

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**Enniskillen Drama Festival**  
Friday 3 - Saturday 11 March

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The background features a collage of autumn leaves in shades of orange, yellow, and white. A large, bold, black letter 'A' is positioned on the right side, partially overlapping the text. The bottom of the image has a pattern of diagonal orange lines and a large white snowflake in the bottom left corner.

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