The Ardhowen

Spring **Workshops** 2023

Box Office G ardhowentheatre

Book Online www.ardhowen.com 028 6632 5440

Fermanagh & Omagh District Council Comhairle Ceantair Fhear Manach agus na hÓmaí



Children & Young Peoples Workshops

Ulster Touring Opera Primary Schools Workshops

Date Tuesday 17 January – Thursday 16 February Time 9.30am, 11am & 1.30pm Daily 60 mins

In Spring 2023 the Ardhowen Theatre will deliver free one-hour opera workshops



to groups of up to 30 pupils, improving vocal technique and musicianship, confidence in drama and understanding historical context. The workshops have been developed in partnership with Ulster Touring Opera and Fermanagh Choral Society, and will be run by three professional workshop facilitators: 2 opera singers and a pianist. No music reading ability is required, and the workshops can be delivered in your school or in the Ardhowen Theatre.

Saint Patrick's Day Crafts

- Date Saturday 11 March 2023 Time 11am (ages 4 – 6 yrs)
- 12:30pm (ages 7-10 yrs)
- Price £10 60 mins

Join Julie for some St Patrick's day fun, where you will make your own Shamrock sun catcher window decoration using



tissue paper, along with some fun St Patrick themed badges! All materials provided.



Easter Crafts

DateSaturday 1 April 2023Time10am (ages 4 - 6 yrs)11:30am (ages 7-10 yrs)Price£1060 mins

Join Julie for some Easter crafts, to paint your own 3D egg decoration and woven chick! All materials provided.

Ulster Touring Opera Youth Opera Workshops

Date	Thursday 9 March -
	Thursday 6 April
Time	5pm - 6.45pm (8 - 13 yrs)
	7pm - 9pm (14 - 18 yrs)
Price	£3 per session

Age 8-13

Love singing? Love acting? Age 8-13? Join Ulster Youth Opera! The Ardhowen

Theatre and Ulster Touring Opera will be launching monthly Ulster Youth Opera sessions in March 2023. Work with professional singers, directors and pianists to build vocal, acting and movement skills while learning about this amazing art form. No music reading ability or singing grades required, just join in and enjoy the magical world of opera!

Age 14-18

Love singing? Love acting? Age 14-18? Join Ulster Youth Opera! The Ardhowen Theatre and Ulster Touring Opera will be launching monthly Ulster Youth Opera sessions in March 2023. Work with professional singers, directors and pianists to build vocal, acting and movement skills while learning about this amazing art form. No music reading ability or singing grades required, just join in and enjoy the magical world of opera!



Adult Workshops

Yoga with Mindfulness

Date	Mondays 9 January 27 February	
	6 wee	ks
Time	3pm	
Price	£45	60 mins

Join tutor Cathy McManus for a lovely mixed ability class, suitable for both beginners and regular yogis.



The class will focus on improving posture, strength and wellbeing. Please wear comfortable clothes and bring a mat and blanket.

Pilates for Beginners

Date	Fridays	; 13 January –
	17 Feb	ruary
	6 week	(S
Time	10am	
Price	£40	60 mins

A gentle introduction to Pilates with Heather which will teach you the main principles of Pilates and give you tools required to perform each exercise more



effectively. All participants must be able to get up and down of the floor with ease and have no injuries that may restrict them from participating in a class setting.

Set Dancing

Date	Tuesday	ys 24 January –	
	14 March		
	8 weeks	S	
Time	7pm		
Price	£40	2 hrs	

Join Brenda Murphy for set dancing classes weekly. Suitable for beginners/ intermediate/ advanced – these classes will help you learn the art of set dance.



Mixed media painting & textile art classes

Date	Thursdays 26 January – 2 March	
	6 weeks	-
Time Price	7pm £70	90mins

Join local artist Lorna Smyth and learn how to use mixed media techniques in

your artwork – a perfect course for the absolute beginner to dive into a world of texture and colour. Participants should bring several (blank) canvasses (any size), acrylics (blue, yellow, red, purple, brown & white), paint brushes, a jar or container for water & an old cloth and sponge.



a Cappella Singing

Date Wednesdays 1 March - 26 April (No Class 12 April) 8 Weeks Time 7pm Price £75 90 mins



Join Valerie Whitworth for some a Cappella workshops and learn songs in three-part harmony or more from all around the world

Inspired by Nature: Craft Printing Workshop

Date	Saturday 1 April		
Time	1pm		
Price	£35	3 hrs	

This very popular workshop uses seasonal leaves and foliage to create beautiful prints using a gelli plate. This looks and feels like gelatine but is durable



and reusable and easy to clean. No printing press is required. Each participant will print from a plate onto a variety of papers with textured effect. Results are instant, colourful and once basic techniques are mastered, this process is straightforward and fun. You will be amazed at the results. Bring an old shirt or apron. Tutor: Briege McClean





Ardhowen Café & Bar





Tuesday - Saturday 10am - 4pm

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Highlights For Summer 2023



Mojo Mickybo Friday 19 May



A Celebration of Father Ted with Joe Rooney Saturday 10 June



Make Music Day Wednesday 21 June



Outdoor Theatre July & August

The Ardhowen

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Drama Family

Comedy

Music

Trad

Popular Classical

Country